

## HAPPIER FAMILIES. BETTER RELATIONSHIPS. SUCCESSFUL KIDS. IT ALL STARTS HERE!

Triple P is a flexible, practical way to develop skills, strategies and confidence to handle any parenting situation.

With decades of scientific research, the Triple P - Positive Parenting Program® is now regarded as one of the world's most effective parenting programs. In fact, the United Nations ranks Triple P as the #1 parenting program in the world, based on the amount of research and evidence behind the program.

Triple P is used in countries all over the world, and is estimated to have helped more than four million children and their families.



Help for every parent  
[www.triplep-parenting.net](http://www.triplep-parenting.net)

**Triple P Positive Parenting is made possible by funding through a Building Blocks Early Childhood Block Grant awarded by the Kansas Children's Cabinet and Trust Fund to Russell Child Development Center.**



## History of Russell Child Development Center

Russell Child Development Center (RCDC) began in 1965 when a group of parents and concerned citizens in Garden City, Kansas opened a daycare facility for children of all ages with developmental disabilities. The first location was the Optimist Building. Later, Mrs. Ruth Ball rented the home of her parents, Vashti and Marion Russell, to the facility for \$1 a year asking only that it be named in their honor. Thus, the name "Russell" Child Development Center. This home was later lost to urban renewal and RCDC moved three more times, settling at 621 Garden City Avenue for a number of years. As RCDC outgrew its home, plans for a new preschool facility were made. The original Community Development Block Grant building at 714 Ballinger opened for classes in 1980.

Over the years, Russell Child Development Center, as a community based not-for-profit agency, has also had the privilege of becoming the parent organization for three additional early childhood programs: Targeted Case Management, Child and Adult Care Food Program, and most recently the Building Blocks Early Childhood Block Grant.

The main office for RCDC remains at 714 Ballinger in Garden City, with satellite offices in Dodge City, Scott City and Liberal. Thanks to the vision and dedication of many Southwest Kansas individuals, Russell Child Development Center has flourished. The organization has had a positive impact on the lives of countless children and their families over the years, enjoying a reputation of providing high quality services with integrity. With continued support and responsible stewardship, Russell Child Development Center anticipates a long and bright future ahead.



*for every parent*

## Parents of Young Children, Stay Positive!



714 Ballinger

Garden City, KS 67846

620-275-0291 or 888-877-3717

Fax: 620-275-0364

[www.rcdc4kids.org](http://www.rcdc4kids.org)





## Small Changes, Big Differences

Triple P doesn't tell you how to parent. It offers clear and simple ideas to help manage problem behavior or prevent problems from developing in the first place. You'll become confident about your parenting skills and learn how to take care of yourself as a parent, too. And you'll be surprised how quickly you'll start seeing results!

The greatest thing is that Triple P is not "one size fits all." You choose how much positive parenting help you need and how you get it. You may like the support of a group session or the privacy of a one-on-one consultation. With Triple P you can do as much or as little as you like.



For more information about Triple P Positive or to find a parenting seminar near you call 888-877-3717.

## Triple P Positive Parenting helps you...



- **Raise happy, confident kids**
- **Manage kids' behavior so everyone enjoys life more**
- **Set family routines and rules that everyone respects and follows**
- **Get along well with your kids and argue less**
- **Balance work and family without constant worry**



## Is This You?

**Coping with supermarket meltdowns? Bedtime dramas? Disobedience? Biting or hitting?**

"I have learned about positive parenting strategies and they have been really helpful! I have tried everything I knew with my 2-year-old when he was having a tantrum and nothing was working. Now we can go to the store together and we both are happier and less stressed. I'm glad I found a program that supports me as a mom."

- Southwest Kansas Parent

Every parent is different. Yet parents all over the world face problems that are surprisingly similar. Toddler tantrums, fighting at home or school, the child who won't go to bed, a kid who never seems to listen or one that lacks confidence; the issues you deal with in your home affect families everywhere. That's where Triple P Positive Parenting Program can help.

**Start now with FREE Parent Classes and Coaching Support.**  
**90 minute seminars include:**

- **The Power of Positive Parenting**
- **Raising Confident, Competent Children**
- **Raising Resilient Children**